Progress-ISS Docking Sim (Test of SM KURS-P Subset 2)

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40	FE-2	
06:10-06:20	FE-1	Post-sleep
06:10-06:30	CDR	
06:20-06:30	FE-1	HEMATOCRIT: determination of hematocrit value
06:30-06:40	CDR	
06:30-06:50	FE-1	Post-sleep
06:40-06:50	CDR	
UO.4U-UO:5U	FE-2	HEMATOCRIT: determination of hematocrit value
06:50-07:40	FE-1	BREAKFAST
06:50-07:45	FE-2	SPRUT: study of fluid media in human body
06:50-07:55	CDR	
07:40-08:10	FE-1	Prep for work
07:45–07:55	FE-2	SPRUT-K: Laptop 3 deconfig
07:55–08:45	CDR, FE-2	BREAKFAST
08:45-09:00		Daily planning conference (S-band)
09:00-09:30	CDR	Maintenance of ???
09.00-09.30	FE-2	ISS crew orientation
09:00-09:15	FE-1	Daily payload status check
09:15–10:15	F E = 1	Medical evaluation of EVA crewmember
09:30–11:30	CDR, FE-2	TORU sim / tagup with ground trainer
10:15–11:45	FE-1	Physical exercise (RED)
11:30–12:00	FE-2	ISS crew orientation
11:30–13:00	CDR	Physical exercise (VELO+RED day 2)
11:45–12:45	FE-1	ISS crew orientation
12:00–12:15	FE-2	ZCG Furnace: setup for HISD video
12:15–13:00	L-Z	ZCG Furnace: activation
12:55–13:05	FE-1	Setup/prep for PAO event
13:00–13:10	FE-2	ZCG Furnace: functional test
13:05–14:05	CDR, FE-1	LUNCH
13:10–14:05	FE-2	LONGIT
14:05–14:15		Prep for PAO event
14:15–14:35		PAO event: greeting address for the Labor Secretary (Ku-band)
14:35–14:40	FE-1	IV-CPDS power cycle
14:35–15:35	CDR	ISS crew orientation
14:35–14:45	FE-2	ZCG Furnace: functional test
14:40–14:55	FE-1	ADVASC: sampling technique overview
14:55–15:10		ADVASC: condensate sampling
15:05–15:15	FE-2	Recording of audiogram with MEC/EARQ software

15:10–15:25	FE-1	ADVASC: gas sampling
15:15–15:35	FE-2	Recording of audiogram with EARQ software
15:25–15:45	FE-1	Setup for PFE video
15:35–15:55	CDR	Recording of audiogram with EARQ software
15:35–16:35	FE-2	Physical exercise (TVIS-2)
15:45–17:15	FE-1 CDR	Periodical fitness evaluation: nominal ops
16:05–16:35		
16:35–17:50	FE-2	Physical exercise (VELO+RED day 2)
16:50–17:50	CDR	Physical exercise (TVIS-2)
17:15–17:25		Equipment stowage after PFE video
17:25–17:45	FE-1	Recording of audiogram with EARQ software
17:45–17:50		Recording of audiogram with EARQ software: equipment stowage
17:50–18:05		Daily planning conference (S-band)
18:05–18:30	CDR	IMS file prep
18:30–19:00		Daily plan review
19:00–19:30		Report prep
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities

End of radiogram